

INFORMED CONSENT FOR TELEPSYCHOLOGICAL SERVICES

In order to minimize disruption in your treatment while following the current guidelines for social distancing, Endurance is temporarily transitioning our program to telehealth. Telehealth treatment will follow our usual hours and will include a combination of group and individual sessions. Given this change, there are some considerations we would like you to be aware of:

- Confidentiality still applies for telepsychology services.
- No sessions will be recorded without your consent.
- We will use Zoom, a HIPAA-compliant video-conferencing platform, and we will provide you instructions for using it.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- You need to use a webcam or smartphone during the session.
- It is important to be in a quiet, private space that is free of distractions during the session.
- We expect that you will maintain the confidentiality of all group members by not participating in treatment in a public space or with other people present.
- It is important to be on time to your virtual sessions. If you need to cancel or change an appointment, email your clinician ahead of time.
- We need a back-up plan (e.g., phone number where you can be reached) to restart the session or to reschedule it, in the event of technical problems. Please make sure we have a complete, accurate telehealth information form on file.
- If you are not an adult, we need the permission of your parent or legal guardian (and their contact information) for you to participate in telepsychology sessions.
- We will resume in-person treatment as soon as it is deemed safe to do so by the appropriate authorities.

Cerissa Desrosiers, PsyD

Clinical Director, Endurance Behavioral Health

Client Name: _____

Client or Parent/Guardian Signature: _____

Parent/Guardian Name (if under 18): _____

Date: _____